



IN YOUR 40s, the skin starts to lose some of its tone, while texture and laxity are compromised. It is now a good time to engage in the integrated skincare model, combining in-office procedures, with an at-home anti-aging skincare regimen to get back that youthful glow. It is important to use a daily antioxidant to brighten and revive your skin in the morning, and a retinol at night is important to get rid of damage below the skin that may begin to surface.

DR. MAFFI RECOMMENDS:

STEP **1** MORNING + EVENING
CLEANSE with a replenishing cleanser

REPLENISHING CLEANSER



STEP **2** MORNING
PREVENT with an antioxidant

C E FERULIC®



STEP **3** EVENING
CORRECT with a corrective serum

H.A. INTENSIFIER



STEP **4** MORNING
PROTECT with a sunscreen

ULTIMATE UV DEFENSE SPF 30



STEP **5** EVENING
CORRECT with a retinol for exfoliation

RETINOL 0.5



THERE IS BEAUTY AT EVERY AGE.



40s **RECOMMENDED TREATMENTS**

HYDRAFACIAL™ + PERKS

HydraFacial is a gentle treatment that starts with Dermaplaning. This is followed by a multistep process which cleanses, exfoliates and extracts the skin of impurities and dead skin cells while quenching the skin with antioxidants, peptides and hyaluronic acid. The treatment leaves your skin with a healthy, refreshed glow. Customize your HydraFacial with an added Perk of a specialized eye or lip treatment.

MICRONEEDLING

Microneedling is a minimally invasive skin rejuvenation treatment using a dermal device with tiny microneedles that puncture the top layer of skin, stimulating the production of collagen. The procedure targets fine lines and wrinkles, acne scarring and melasma. There is minimal to moderate downtime.

INJECTABLE: BOTOX® / DYSPORT®

Botox / Dysport temporarily relaxes muscles, such as those in the face, maintaining your natural youthfulness by smoothing lines and wrinkles. It's a subtle procedure, quick and effective in having you look your best.

INJECTABLE: FILLERS

Dermal fillers are non-surgical treatments where material is injected into the skin to fill and smooth facial wrinkles and folds. They can also be used for volume replacement, bringing back a more youthful appearance.

BBL PHOTOFACIAL

BBL (Broadband Light) Photofacial is the 'next generation of IPL', bringing an innovative approach to phototherapy with little to no downtime. This corrective treatment targets redness, sun spots and hyperpigmentation. By infusing light energy into the skin, the skin cells regenerate new collagen, resulting in smoother, vibrant, younger looking skin.

HALO™

Halo is a complete skin rejuvenation treatment. This fractionated laser uses ablative and non-ablative technology, targeting both the epidermis (top layer) and dermis (underlying layer) of skin. The treatment improves the skin's overall tone and texture, reduces fine lines and improves the skin's reflectivity and glow.

Maffi Clinics

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