



IN YOUR TEENS, each day skin naturally loses billions of dead skin cells to stay refreshed and renewed. During adolescence cells can shed, which can contribute to clogged pores and cause breakouts. To ensure your problematic skin is under control, we recommend using an exfoliator to remove excess dead skin build-up and promote clear, healthy skin. Proper cleansing removes trapped dirt, dead skin cells and other impurities to leave your skin glowing.

DR. MAFFI RECOMMENDS:

STEP 1

MORNING
CLEANSE with a acne-prone skin cleanser

**CLARIFYING EXFOLIATING
CLEANSER**

EVENING
CLEANSE with a acne-prone skin cleanser

LHA CLEANSING GEL



STEP 2

MORNING
PREVENT with an oil-free antioxidant

SILYMARIN CF

MORNING + EVENING
MOISTURIZE with an oil-free moisturizer

DAILY MOISTURE



STEP 3

MORNING
PROTECT with a broad spectrum sunscreen

**PHYSICAL MATTE UV DEFENSE
SPF 50**



THERE IS BEAUTY AT EVERY AGE.



Teens

RECOMMENDED TREATMENTS

HYDRADERMABRASION

Hydradermabrasion is a hydrating exfoliation process that utilizes an exfoliating diamond tip and powerful serums to cleanse, hydrate and gently exfoliate the skin. Much like microdermabrasion, the process removes built up debris and dead skin cells which leaves your skin feeling softer and more deeply hydrated.

ACNE TREATMENTS

Various acne products and treatments are offered that can help prevent the formation of acne, treat current breakouts, and minimize blotchiness and inflammation through three modes of action: pore decongestion, exfoliation, and sebum reduction. Multiple treatments are usually recommended with little to no downtime.

Maffi Clinics

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