



**IN YOUR 60s**, the skin begins to thin and lose volume as our collagen and elastin production declines, resulting in the appearance of fine lines and wrinkles. Adding a retinol to your nightly regimen can help accelerate cellular turnover and soften the texture of the skin. While healthy cells are surfacing, your skin tone is improving as the discolored and damaged cells are being repaired.

**DR. MAFFI RECOMMENDS:**

STEP

1

MORNING + EVENING

**CLEANSE** with a replenishing cleanser

**REPLENISHING CLEANSER**



STEP

2

MORNING

**PREVENT** with an antioxidant

**C E FERULIC®**



STEP

3

MORNING + EVENING

**CORRECT + MOISTURIZE** with an eye cream

**A.G.E. EYE COMPLEX**



STEP

4

MORNING

**CORRECT** with a multi-action moisturizer

**TRIPLE LIPID RESTORE 2:4:2**



STEP

5

MORNING

**PROTECT** with a sunscreen

**PHYSICAL FUSION UV DEFENSE  
SPF 50**



EVENING

**CORRECT** with a retinol for exfoliation

**RETINOL 0.5**

**THERE IS BEAUTY AT EVERY AGE.**



# 60s **RECOMMENDED TREATMENTS**

## **CHEMICAL PEELS**

Chemical Peels improve the appearance of uneven skin tone and dullness by using a variety of acids to exfoliate the uppermost layers of skin. Chemical peels help reduce fine lines and wrinkles and restore skin's health.

## **HYDRADERMABRASION**

Hydradermabrasion is a hydrating exfoliation process that utilizes an exfoliating diamond tip and powerful serums to cleanse, hydrate and gently exfoliate the skin. Much like microdermabrasion, the process removes built up debris and dead skin cells which leaves your skin feeling softer and more deeply hydrated.

## **ULTRA PURE PRP TREATMENT**

Ultra Pure PRP (Platelet Rich Plasma) treatments use the highly concentrated growth factors found in platelets to help stimulate collagen production, speed up the healing process and repair age related skin damage. Ultra Pure PRP Facial is a facial rejuvenation treatment that combines Microneedling with an application of Ultra Pure PRP. Ultra Pure PRP can also be injected under the surface of the skin to help repair damaged skin at its base. Ultra Pure PRP Duo combines Ultra Pure PRP injections with Ultra Pure PRP Facial, targeting both the base and surface of the skin with powerful antiaging results.

## **INJECTABLE: BOTOX® / DYSPORT®**

Botox / Dysport temporarily relaxes muscles, such as those in the face, maintaining your natural youthfulness by smoothing lines and wrinkles. It's a subtle procedure, quick and effective in having you look your best.

## **INJECTABLE: FILLERS**

Dermal fillers are non-surgical treatments where material is injected into the skin to fill and smooth facial wrinkles and folds. They can also be used for volume replacement, bringing back a more youthful appearance.

## **BBL PHOTOFACIAL**

BBL (Broadband Light) Photofacial is the 'next generation of IPL', bringing an innovative approach to phototherapy with little to no downtime. This corrective treatment targets redness, sun spots and hyperpigmentation. By infusing light energy into the skin, the skin cells regenerate new collagen, resulting in smoother, vibrant, younger looking skin.

### **Maffi Clinics**

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